

# How Confident Are You?



Do butterflies attack your stomach whenever you're asked to speak before a group? Can you confidently express your thoughts and ideas? Do you have the nerve to ask your boss for a raise? Whether you're speaking to one or one thousand, a Speechcraft course can help you speak clearly and confidently.

Enrol in our 6 week program starting on Wednesday the 15<sup>h</sup> of February 2012 from 7:15 to 9:45pm held at the Balgowlah RSL Club, Ethel Street Seaforth. **We will help get you started in your quest to be the speaker you want to be!!!**

**Contact Toastmasters: The Confidence Builders**

Balgowlah RSL Toastmasters - please contact us on:

0428058450 or email us on [speechcraft@brsltm.org.au](mailto:speechcraft@brsltm.org.au)